

bread & bagels

BAGELS 2.10 each • 19.99 baker's dozen (13) • 1 doz sliced +1.00
1/2 doz sliced +.50

- plain
- sesame
- poppy
- onion
- salt
- egg
- blueberry
- everything
- three seeded
- cinnamon raisin

- garlic
- french toast
- spinach
- great grain
- pumpernickel rye swirl
- tuscan
- pumpernickel
- everything great grain
- bagel of the month

flakely
gluten free bagels
4-pack 16.99

bagel bites
8.99 doz.

mini bagels
17.99 doz.



DAILY BREADS

- rye (unseeded)
- honey wheat
- sourdough
- croissant
- wraps
- kaiser roll

spreads & such

	Smear	Tub
WHIPPED BUTTER	3.99	4.99
JELLY PRESERVES	3.99	4.99
PLAIN CC.	4.99	5.49
GOURMET FLAVORED CC. (nova lox, apple cinnamon raisin, garlic herb, veggie, scallion, strawberry, honey fig & pistachio, jalapeño)	5.99	6.99
WHITEFISH SALAD	7.99	10.99
HUMMUS	5.99	6.99
TOFUTTI	5.99	6.99

= vegetarian

fill's favorites

SALAD BAGEL	9.99
veggie cream cheese, lettuce, tomato, onion, cucumbers, carrots & peppers	
NOVA LOX	16.99
sliced nova scotia lox with cream cheese, tomato, lettuce, onion & cucumbers	
THE JENKINTOWNER	11.99
turkey, swiss, lettuce, tomato, green peppers & honey mustard	
THE ORELANDER	11.99
turkey, ham, cheddar, spinach, roasted red peppers, and honey mustard	
TEMPTING TUNA	10.49
tuna, lettuce, tomatoes, onions and hot peppers	
TURKEY, BACON, RANCH (T.B.R.)	11.99
turkey, cheddar, bacon, lettuce, tomato, ranch dressing	
CRANBERRY WALNUT CHICKEN SALAD	10.99
cranberry walnut chicken salad with lettuce and tomato	
AVOCADO BLT.	10.99
avocado, bacon, lettuce, tomato, and mayonnaise	
SOUTH OF THE BORDER SANDWICH	11.99
roasted turkey, lettuce, tomato, salsa, and avocado	
AVOCADO TOAST	9.99
avocado, spinach, tomato, drizzle of honey, hot pepper flakes, everything bagel seasoning, served open faced	

deli sandwiches

stuffed with Dietz & Watson gourmet deli meats served on a bagel, bread, flat bread or club roll, with lettuce & tomato

ROAST TURKEY 10.49
CLASSIC HAM 10.49

CROISSANT + 2.00
WRAP + 2.00

more sandwiches

EGG SALAD	8.99
TUNA, CHICKEN, OR CAJUN CHICKEN SALAD	9.99
WHITEFISH SALAD	11.99
BLT (bacon, lettuce & tomato)	8.69

= vegetarian

additions

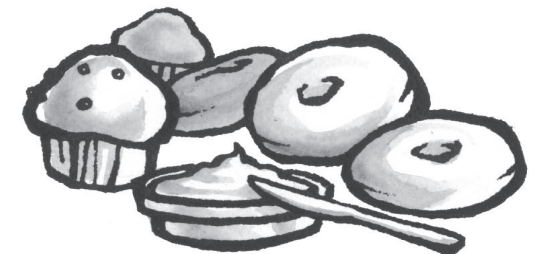
bacon, ham, pepperoni, sausage, pork roll, turkey bacon, or turkey sausage	2.80
cheese (2 slices)	1.00
roasted red peppers	2.50
avocado	2.50

condiments

mayonnaise, spicy mustard, yellow mustard, ketchup, salsa, russian, balsamic vinaigrette, honey mustard, ranch dressing, & hot sauce

beverages

	small	large
COFFEE / HOT CHOCOLATE	2.99	3.25
TEA		2.99
BOTTLED SODA (20 oz.)		2.95
TURKEY HILL OR ROSENBERGER DRINKS		2.85
FRESH BREWED DRINKS (seasonal) iced tea, iced coffee, lemonade		2.99
SNAPPLE		2.95
WATER		1.99
TROPICANA JUICES		3.79
FRESH SQUEEZED OJ (seasonal)		5.99 mkt
NAKED DRINKS		4.79



breakfast on a bagel

breakfast served all day

EGG.....	5.49
EGG AND CHEESE.....	6.49
EGG & BREAKFAST MEAT.....	8.29
EGG, CHEESE, & BREAKFAST MEAT.....	9.29
CHEESE & BREAKFAST MEAT (no egg).....	5.89
“LOW CAL” OMELETTE.....	8.99
egg whites with tomato, pepper&onions on honey wheat toast	
BREAKFAST BURRITO.....	8.99
egg, ham, cheddar, tomato, peppers, onions, and salsa	
FILL’S KETO BIG BREAKFAST.....	10.99
double portion of egg whites with avocado, bacon, roasted red peppers, & tomato on a bed of spinach	
KETO STYLE.....	8.99
egg, cheese, and a double portion of breakfast meat	
BUTTER & JELLY/PRESERVES.....	4.69
CREAM CHEESE AND JELLY/PRESERVES.....	5.29
PEANUT BUTTER & JELLY.....	5.29
BUTTER, CINNAMON, & SUGAR.....	4.29

breakfast meats: 2 sl. bacon, ham, sausage, porkroll,
turkey bacon, & turkey sausage

egg whites 1.00 extra
croissant 1.50 extra
gluten free bagel 2.55 extra

homemade yummy treats

DONUT (cake, raised).....	1.99
FRESH BAKED COOKIES.....	2.10
OVER SIZED MUFFINS & CROISSANTS.....	2.99
STICKY BUNS (nut, raisin, plain).....	2.89
FILLED CROISSANT.....	3.89
SCHNECKEN.....	2.10



Fill A Bagel & Breads



Oreland
Winter 2026

100 E. Pennsylvania Avenue, Oreland, PA
Phone 215.277.1944

hours and pricing are subject to change
please check website or facebook for latest updates

call ahead for faster service

www.fillabagel.com

*Prices are subject to change

