

bread & bagels

BAGELS 2.10 each • 19.99 baker's dozen (13) • 1 doz sliced +1.00
1/2 doz sliced +.50

- plain
- sesame
- poppy
- onion
- salt
- egg
- blueberry
- everything
- three seeded
- cinnamon raisin

mini bagels
17.99 doz.

bagel bites
8.99 doz.

- garlic
- french toast
- spinach
- great grain
- tuscan
- pumpnickel
- pumpnickel rye swirl
- everything great grain
- bagel of the month

flakely
gluten free bagels
4-pack 16.99

DAILY BREADS

- italian (seeded or unseeded)
- rye (seeded or unseeded)
- honey wheat
- sourdough
- club roll
- croissant
- multi-grain croissant
- wraps
- kaiser roll
- cinnamon bread
- chocolate bread

WEEKLY SPECIALS

- irish soda bread
- pumpnickel/pumpnickel raisin
- challah/fruited challah
- traditional white
- german black bread
- artisan fruit & nut
- cinnamon swirl with raisins
- whole grain (no white flour)
- six grain (no white flour)

a variety of holiday specials

spreads & such

	Smear	Tub
WHIPPED BUTTER	3.99	4.99
JELLY PRESERVES	3.99	4.99
PLAIN CC	4.99	5.49
GOURMET FLAVORED CC	5.99	6.99
(nova lox, apple cinnamon raisin, garlic herb, veggie, scallion strawberry, everything, jalepeño)		
WHITEFISH SALAD KIPPERED SALAMON SALAD	7.99	10.99
HUMMUS 🥕	5.99	6.99
TOFUTTI	5.99	6.99

🥕 = vegan

deli sandwiches

stuffed with Dietz & Watson gourmet deli meats served on a bagel, bread,
flat bread or club roll, with lettuce & tomato

CROISSANT + 2.00
WRAP + 2.00

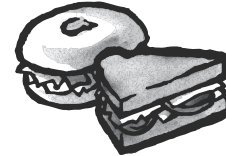


ROAST TURKEY 10.49

ROAST BEEF 10.99

CLASSIC HAM 10.49

CORNED BEEF 10.99



more sandwiches

PIZZA BAGEL	7.99
an open faced bagel topped with pizza sauce, mozzarella, & seasonings	
w/ pepperoni	9.99
w/ veggies (tomato, onions, and peppers)	8.99
EGG SALAD	8.99
TUNA, CHICKEN, OR CAJUN CHICKEN SALAD	9.99
WHITEFISH SALAD KIPPERED SALMON SALAD	11.99
SEAFOOD SALAD	11.99
BLT (bacon, lettuce & tomato)	8.69

*includes lettuce & tomato

additions

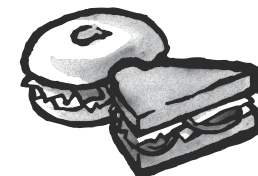
bacon, ham, pepperoni, sausage, pork roll, turkey bacon, or turkey sausage.	2.80
cheese (2 slices)	1.00
avocado	2.50
roasted red peppers	2.50

condiments

mayonnaise, spicy mustard, yellow mustard, ketchup, salsa, russian,
balsamic vinaigrette, honey mustard, ranch dressing, hot sauce

fill's favorites

SALAD BAGEL	9.99
veggie cream cheese, lettuce, tomato, onion, cucumbers, carrots & peppers	
NOVA LOX	16.99
sliced nova scotia lox with cream cheese, tomato, lettuce, onion & cucumbers	
THE JENKINTOWNER	11.99
turkey, swiss, lettuce, tomato, green peppers & honey mustard	
TEMPTING TUNA	10.49
tuna, lettuce, tomatoes, onions and hot peppers	
CORNED BEEF / ROAST BEEF SPECIAL	12.99
corned beef or roast beef, russian dressing, cole slaw & swiss cheese	
AVOCADO B.L.T.	10.99
avocado, bacon, lettuce, and tomato	
TURKEY, BACON, RANCH (T.B.R)	11.99
turkey, cheddar, bacon, lettuce, tomato, ranch dressing	
THE ORELANDER.	11.99
turkey, ham, cheddar, spinach, roasted red peppers, and honey mustard	
CRANBERRY WALNUT CHICKEN SALAD	10.99
cranberry walnut chicken salad with lettuce and tomato	
SOUTH OF THE BORDER SANDWICH	11.99
roasted turkey, lettuce, tomato, salsa, and avocado	
AVOCADO TOAST	9.99
avocado, spinach, tomato, drizzle of honey, hot pepper flakes, everything bagel seasoning, served open faced	
7 ALARMER	11.99
roast beef, jalapeño, cream cheese, cucumber	



breakfast on a bagel

breakfast served all day

EGG.....	5.49
EGG AND CHEESE.....	6.49
EGG & BREAKFAST MEAT.....	8.29
EGG, CHEESE, & BREAKFAST MEAT.....	9.29
CHEESE & BREAKFAST MEAT (no egg).....	5.89
“LOW CAL” OMELETTE.....	8.99
egg whites with tomato, pepper&onions on honey wheat toast	
EGG WHITE FLATBREAD.....	8.99
with tomato, spinach, avocado, and cheddar cheese	
FILL'S KETO BIG BREAKFAST.....	10.99
double portion of egg whites with avocado, bacon, roasted red peppers, & tomato on a bed of spinach	
KETO STYLE.....	8.99
egg, cheese, and a double portion of breakfast meat	
BREAKFAST BURRITO.....	8.99
egg, ham, cheddar, tomato, peppers, onions, and salsa	
BUTTER & JELLY/PRESERVES.....	4.69
CREAM CHEESE AND JELLY/PRESERVES.....	5.29
PEANUT BUTTER & JELLY.....	5.29
BUTTER, CINNAMON, & SUGAR.....	4.29

breakfast meats: 2 sl. bacon, ham, sausage, porkroll, turkey bacon, & turkey sausage

egg whites 1.00 extra

croissant 2.00 extra

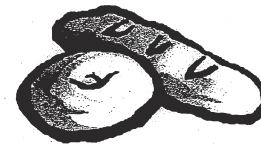
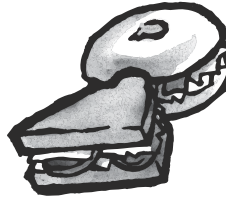
gluten free bagel 2.55 extra

homemade yummy treats

DONUT (cake, raised, twist).....	1.99
FRESH BAKED COOKIES.....	2.10
OVER SIZED MUFFINS, BROWNIES, & CROISSANTS.....	2.99
STICKY BUNS (nut, raisin, plain).....	2.89
EUROPEAN DANISH.....	3.89
FILLED CROISSANT.....	3.89
APPLE TURNOVER.....	3.69
SCHNECKEN.....	2.10

soups & salads

GARDEN SALAD.....	8.99
field greens, grape tomatoes, cucumbers, carrots, & green peppers	
w/ nova portion.....	17.99
w/ whitefish.....	14.99
w/ chicken salad or tuna.....	13.99
w/ egg salad.....	12.99
CAESAR SALAD.....	8.99
romaine lettuce, croutons, parmesan cheese & caesar dressing	
SOUP OF THE DAY (seasonal).....	5.99



beverages

	small	large
COFFEE / HOT CHOCOLATE.....	2.99	3.25
TEA.....		2.99
ESPRESSO (double).....		3.99
CAPPUCCINO / LATTE / HOT CHAI / ICED CHAI.....		4.99
MOCHA CAPPUCCINO.....		5.49
BOTTLED SODA (20 oz.).....		2.99
TURKEY HILL DRINKS.....		2.85
FRESH BREWED DRINKS (seasonal).....		2.99
iced tea, iced coffee, lemonade		
SNAPPLE.....		2.95
WATER.....		1.99
TROPICANA JUICES.....		3.79
FRESH SQUEEZED OJ (seasonal).....		5.99 mkt
NAKED DRINKS.....		4.79

Fill A Bagel & Breads



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Spring 2025

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hours and pricing are subject to change
please check website or facebook for latest updates
call ahead for faster service

www.fillabagel.com

*Prices are subject to change

